



# July Kid's Activity Classes (ages 2-8)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Don't forget your <u>sneakers</u> and workout clothes!!  *Your child <b>MUST</b> be checked into the Kids Zone to participate in Surf's Up.		<sup>1</sup> 9:30 Games Galore (3-5) 10:30 Anything Goes (2) 11:00 Wild Card (3-5) 4:30 Sports Central (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)* 6:15 Games Galore (6-8) 8:00 Karate	<sup>2</sup> 9:30 Wild Card (3-5) 10:30 Vroom (2) 11:00 Music Moves (3-5) 11:00 Surf's Up (4-up)* 4:30 Wild Card (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)*	<sup>3</sup> 9:30 Gym Jam (2) 10:00 Sports Central (3-5) 10:45 Vroom (6-8) 11:00 Surf's Up (4-up)*
		<sup>4</sup>  July 4th Building Closes at 2pm NO CLASSES	<sup>5</sup> 9:30 Anything Goes (3-5) 10:30 Music Moves (2) 11:00 Vroom (3-5) 11:00 Surf's Up (4-up)* 4:30 Wild Card (6-8) 5:30 Games Galore (3-5) 6:15 Anything Goes (6-8) 7:00 Surf's Up (4-up)*	<sup>6</sup> 9:30 Music Moves (3-5) 10:30 Gym Jam (2) 11:00 Anything Goes (3-5) 4:30 Games Galore (6-8) 5:30 ABC & 123 (3-5) 6:00 Surf's Up (4-up)* 6:15 Sports Central (6-8) 8:00 Karate (8-up)	<sup>7</sup> <b>Field Day</b> <b>9:30-12:30</b>	<sup>8</sup> 9:30 Games Galore (3-5) 10:30 Anything Goes (2) 11:00 Wild Card (3-5) 4:30 Sports Central (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)* 6:15 Games Galore (6-8) 8:00 Karate
<sup>11</sup> 12:30 Anything Goes (5-8) 1:00 Surf's Up (4-up)* 1:30 Vroom (2-4)	<sup>12</sup> 9:30 Anything Goes (3-5) 10:30 Music Moves (2) 11:00 Vroom (3-5) 11:00 Surf's Up (4-up)* 4:30 Wild Card (6-8) 5:30 Games Galore (3-5) 6:15 Anything Goes (6-8) 7:00 Surf's Up (4-up)*	<sup>13</sup> 9:30 Music Moves (3-5) 10:30 Gym Jam (2) 11:00 Anything Goes (3-5) 4:30 Games Galore (6-8) 5:30 ABC & 123 (3-5) 6:00 Surf's Up (4-up)* 6:15 Sports Central (6-8) 8:00 Karate (8-up)	<sup>14</sup> 9:30 ABC & 123 (3-5) 10:30 Vroom (2) <b>11:00 S.T.E.P</b> <b>(in Group Cardio)</b> 12:00 Sports Central (6-8) 4:30 Anything Goes (6-8) 5:30 Games Galore (3-5) 6:00 Surf's Up (4-up)* 6:15 Wild Card (6-8)	<sup>15</sup> 9:30 Games Galore (3-5) 10:30 Anything Goes (2) 11:00 Wild Card (3-5) 12:00 Sports Central (6-8) 4:30 Sports Central (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)* 6:15 Games Galore (6-8) 8:00 Karate	<sup>16</sup> 9:30 Wild Card (3-5) 10:30 Vroom (2) 11:00 Music Moves (3-5) 12:00 Anything Goes (6-8) 4:30 Wild Card (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)*  <b>PARENTS NIGHT OUT</b> Contact Kids Zone for more information	<sup>17</sup> 9:30 Gym Jam (2) 10:00 Sports Central (3-5) 10:45 Vroom (6-8) 11:00 Surf's Up (4-up)*
<sup>18</sup> 12:30 Anything Goes (5-8) 1:00 Surf's Up (4-up)* 1:30 Vroom (2-4)	<sup>19</sup> 9:30 Anything Goes (3-5) 10:30 Music Moves (2) 11:00 Vroom (3-5) 11:00 Surf's Up (4-up)* 12:00 Games Galore (6-8) 4:30 Wild Card (6-8) 5:30 Games Galore (3-5) 6:15 Anything Goes (6-8) 7:00 Surf's Up (4-up)*	<sup>20</sup> 9:30 Music Moves (3-5) 10:30 Gym Jam (2) 11:00 Anything Goes (3-5) 12:00 Games Galore (6-8) 4:30 Games Galore (6-8) 5:30 ABC & 123 (3-5) 6:00 Surf's Up (4-up)* 6:15 Sports Central (6-8) 8:00 Karate (8-up)	<sup>21</sup> 9:30 ABC & 123 (3-5) 10:30 Vroom (2) 11:00 Sports Central (3-5) 12:00 Sports Central (6-8) 4:30 Anything Goes (6-8) 5:30 Games Galore (3-5) 6:00 Surf's Up (4-up)* 6:15 Wild Card (6-8) <b>Swaders Field Trip</b> <b>9:30-1:30 (lunch provided)</b>	<sup>22</sup> 9:30 Games Galore (3-5) 10:30 Anything Goes (2) 11:00 Wild Card (3-5) 12:00 Sports Central (6-8) 4:30 Sports Central (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)* 6:15 Games Galore (6-8) 8:00 Karate	<sup>23</sup> 9:30 Wild Card (3-5) 10:30 Vroom (2) 11:00 Music Moves (3-5) 12:00 Anything Goes (6-8) 4:30 Wild Card (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)*	<sup>24</sup> 9:30 Gym Jam (2) 10:00 Sports Central (3-5) 10:45 Vroom (6-8) 11:00 Surf's Up (4-up)*
<sup>25</sup> 12:30 Anything Goes (5-8) 1:00 Surf's Up (4-up)* 1:30 Vroom (2-4)	<sup>26</sup> 9:30 Anything Goes (3-5) 10:30 Music Moves (2) 11:00 Vroom (3-5) 11:00 Surf's Up (4-up)* 12:00 Games Galore (6-8) 4:30 Wild Card (6-8) 5:30 Games Galore (3-5) 6:15 Anything Goes (6-8) 7:00 Surf's Up (4-up)*	<sup>27</sup> 9:30 Music Moves (3-5) 10:30 Gym Jam (2) 11:00 Anything Goes (3-5) 12:00 Games Galore (6-8) 4:30 Games Galore (6-8) 5:30 ABC & 123 (3-5) 6:00 Surf's Up (4-up)* 6:15 Sports Central (6-8) 8:00 Karate (8-up)	<sup>28</sup> 9:30 ABC & 123 (3-5) 10:30 Vroom (2) <b>11:00 S.T.E.P</b> <b>(in Group Cardio)</b> 12:00 Sports Central (6-8) 4:30 Anything Goes (6-8) 5:30 Games Galore (3-5) 6:00 Surf's Up (4-up)* 6:15 Wild Card (6-8)	<sup>29</sup> 9:30 Games Galore (3-5) 10:30 Anything Goes (2) 11:00 Wild Card (3-5) 4:30 Sports Central (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)* 6:15 Games Galore (6-8) 8:00 Karate	<sup>30</sup> 9:30 Wild Card (3-5) 10:30 Vroom (2) 11:00 Music Moves (3-5) 11:00 Surf's Up (4-up)* 4:30 Wild Card (6-8) 5:30 Anything Goes (3-5) 6:00 Surf's Up (4-up)*	<sup>31</sup> 9:30 Gym Jam (2) 10:00 Sports Central (3-5) 10:45 Vroom (6-8) 11:00 Surf's Up (4-up)*



# Class Descriptions

**ABC & 123:** Learning can be fun when teaching children through creative play. Your child will learn color recognition, letters, numbers and much more.

**Anything Goes:** Your child will love this class as they get the opportunity to play with their favorite recess equipment. We will be playing games such as: volleyball, kickball, basketball, jump rope, thunderball, and much more. If weather permits, the children will have the option to play outdoors.

**Games Galore:** Just as the name your child will enjoy playing a variety of individual and team games. Activities such as freeze tag, relays, and obstacle courses, will focus on cooperation, agility and balance. If weather permits, the children will have the option to play outdoors.

**Gym Jam:** A fun introduction to fitness through creative up-beat exercises and sports-related skills with an emphasis on team play and group interaction.

**Karate:** Our facility offers this traditional martial arts class to provide your child with the opportunity to start Karate, or to start learning and earning their belts.

**Music Moves:** This class is filled with music and fun movements. Your child will be singing and dancing to their favorite songs during this class.

**Sports Central:** It's all about sports in this class. Your child will play traditional sports such as basketball, hockey, and soccer as well as non traditional sports gymnastics, thunderball, walleyball, and badminton.

**Surf's Up:** Don't forget your child's swim suit during pool play! The pool staff is ready and waiting for your child to splash, swim, and play in the water during our hour pool play.

**Vroom:** In this class your child will have the opportunity to enjoy exercise as they run, jump, hop, crawl and more! Movements in is class focuses on agility, coordination, interactive play, imagination, balance and fun. We include pretend play and use our imaginations as we have fun galloping like a horse, walking like a penguin, and rolling like a cat.

**Wild Card:** This class gives your child a chance to taste a little of all our classes. Our deck of "Wild Cards" has every activity performed in all our kids classes. Each child will have a chance to pick a "wild card" and play the activity on the card they chose.