



Strive for July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				6am- Quincy Senior Strive** 8:15am- Jay 9:45am- Josh 5:00pm- Kirsti 6:00pm- Suzanne 7:00pm- Greg	6:00am- Kirsti 9:45am- Minnie	Senior Strive *** 8:30am- Jay 10:00am- Greg 11:00am- Greg
4	5	6	7	8	9	10
Happy 4th of July Club close at 2pm	6:00am-Holly 9:45am-Minnie 5:00pm-Minnie 6:00pm-Quincy 7:00pm-Angela	6:00am-Josh Senior Strive*** 8:15am- Jay 9:45am- Jay 5:00pm- Jay 6:00pm-Quincy	6:00am- Kirsti 9:45am- Minnie 5:00pm- Jay 6:00pm- Angela 7:00pm- Angela	6am- Quincy Senior Strive** 8:15am- Jay 9:45am- Josh 5:00pm- Kirsti 6:00pm- Suzanne 7:00pm- Greg	6:00am- Kirsti 9:45am- Minnie	Senior Strive *** 8:30am- Jay 10:00am- Greg 11:00am- Greg
11	12	13	14	15	16	17
Strive Orientation 12:00pm -Kirsti Extreme Strive 1:00pm -Holly	6:00am-Holly 9:45am-Minnie 5:00pm-Minnie 6:00pm-Quincy 7:00pm-Angela	6:00am-Josh Senior Strive*** 8:15am- Jay 9:45am- Jay 5:00pm- Jay 6:00pm-Quincy	6:00am-Ryan 9:45am- Minnie 5:00pm- Jay 6:00pm- Angela 7:00pm- Angela	6am- Josh Senior Strive** 8:15am- Jay 9:45am- Josh 5:00pm- Kirsti 6:00pm- Suzanne 7:00pm- Greg	6:00am- Kirsti 9:45am- Minnie	Senior Strive *** 8:30am- Jay 10:00am- Greg 11:00am- Greg
18	19	20	21	22	23	24
Extreme Strive 1:00pm -Rock	6:00am-Josh 9:45am-Minnie 5:00pm-Minnie 6:00pm-Quincy 7:00pm-Angela	6:00am-Josh Senior Strive*** 8:15am- Jay 9:45am- Jay 5:00pm- Jay 6:00pm-Quincy	6:00am- Kirsti 9:45am- Minnie 5:00pm- Jay 6:00pm- Angela 7:00pm- Angela	6am- Quincy Senior Strive** 8:15am- Jay 9:45am- Josh 5:00pm- Kirsti 6:00pm- Suzanne 7:00pm- Greg	6:00am-Josh 9:45am-Minnie	Senior Strive *** 8:30am- Jay 10:00am- Greg 11:00am- Greg
25	26	27	28	29	30	31
Strive Orientation 12:00pm - Jim Extreme Strive 1:00pm -Jim	6:00am-Holly 9:45am-Minnie 5:00pm-Minnie 6:00pm-Quincy 7:00pm-Angela	6:00am-Josh Senior Strive*** 8:15am- Jay 9:45am- Jay 5:00pm- Jay 6:00pm-Quincy	6:00am- Holly 9:45am- Minnie 5:00pm- Jay 6:00pm- Angela 7:00pm- Angela	6am- Quincy Senior Strive** 8:15am- Jay 9:45am- Josh 5:00pm- Kirsti 6:00pm- Suzanne 7:00pm- Greg	6:00am- Josh 9:45am- Minnie	Senior Strive *** 8:30am- Jay 10:00am- Greg 11:00am- Greg

