





American Family Fitness

Southside Kidsercize Schedule

July 2010

Ages 4-7



sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AMERICAN FAMILY FITNESS FIT AS YOU WANT TO BE www.amfamfit.com 804-330-3400	KidsZone Hours Monday thru Friday 8:30 am to 9:00 pm Saturday 8:00 am to 7:00 pm Sunday 9:00 am to 6:00 pm			1 10:00 Snack Time 10:30 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	2 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Games 5:00 Kidsercize 4-7 yrs	3 10:00 am Kidsercize
4 Happy Fourth of July!  Club closes @ 2:00	5 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Crafts 5:00 Kidsercize 4-7 yrs	6 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	7 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Games 5:00 Kidsercize 4-7 yrs	8 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Crafts 5:00 Kidsercize 4-7 yrs	9 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	10 10:00 am Kidsercize
11 Video Games Open All Day Crafts 3:00 Movie Time	12 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Games 5:00 Kidsercize 4-7 yrs	13 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Crafts 5:00 Kidsercize 4-7 yrs	14 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	15 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Games 5:00 Kidsercize 4-7 yrs	16 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Crafts 5:00 Kidsercize 4-7 yrs	17 10:00 am Kidsercize
18 Video Games Open All Day Crafts 3:00 Movie Time	19 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	20 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Games 5:00 Kidsercize 4-7 yrs	21 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Crafts 5:00 Kidsercize 4-7 yrs	22 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	23 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Games 5:00 Kidsercize 4-7 yrs	24 10:00 am Kidsercize Parent's Night Out 6pm to 11pm See KidsZone for more info
25 Video Games Open All Day Crafts 3:00 Movie Time	26 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Crafts 5:00 Kidsercize 4-7 yrs	27 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	28 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Games 5:00 Kidsercize 4-7 yrs	29 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	30 10:00 Snack Time 10:15 Kidsercize 2-4 yrs 1:00 Movie 5:00 Kidsercize 4-7 yrs	31 10:00 am Kidsercize