



SPORTCOURT (ages 5-8) SCHEDULE FOR JULY 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Kid Zone Hours</u></p> <p>Monday-Friday 8a-9p Saturday 8a-7p Sunday 9a- 6p</p>	<p>Pool Play Hours Monday-Friday 10:30a-12:30p Monday-Thursday 4:30p-6:00p Saturday 10:30a-12:15p Sunday 11:30a-1p</p>	<p>Join us every Thursday in June from 9a- 12p for Parent's Morning Out!</p>		<p>1 9:00 Kids Choice* 9:30 Sportwall* 10:00 Kids Agility* 10:30 Parachute* 11:00 Basketball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice 6:00 Relay Races* 6:30 Kids Agility* 7:00 AFF Recess 8:00 Kids Choice</p>	<p>2 9:00 Kids Choice* 9:30 Relay Races* 10:00 Parachute* 10:30 Sportwall* 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice* 5:30 Kids Agility* 6:00 Relay Races* 6:30 AFF Recess*</p>	<p>3 10:00 Kidsercise* 10:30 Relay Races 11:00 Sportwall* 11:30 Kickball 12:30 Soccer 1:30 Basketball</p>
<p>4 9:30 Kids Choice 10:30 Basketball 11:30 Sportwall* 12:00 Soccer 1:00 Kickball CLOSE AT 2PM</p>	<p>5 9:00 Kids Choice* 9:30 Kidsercise * 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Sportwall* 5:30 Parachute* 6:00 AFF Recess 7:00 Kickball 8:00 Basketball</p>	<p>6 9:00 Kids Choice* 9:30 Parachute* 10:00 Sportwall* 10:30 Kidsercise* 11:00 Kickball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Parachute* 6:30 Sportwall* 7:00 Basketball 8:00 Soccer</p>	<p>7 9:00 Kids Choice* 9:30 Kids Agility* 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Basketball 7:00 Kickball 8:00 Parachute</p>	<p>8 9:00 Kids Choice* 9:30 Sportwall* 10:00 Kids Agility* 10:30 Parachute* 11:00 Basketball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice 6:00 Relay Races* 6:30 Kids Agility* 7:00 AFF Recess 8:00 Kids Choice</p>	<p>9 9:00 Kids Choice* 9:30 Relay Races* 10:00 Parachute* 10:30 Sportwall* 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice* 5:30 Kids Agility* 6:00 Relay Races* 6:30 AFF Recess* 7:00 Kickball</p>	<p>10 10:00 Kidsercise* 10:30 Relay Races 11:00 Sportwall* 11:30 Kickball 12:30 Soccer 1:30 Basketball</p>
<p>11 9:30 Kids Choice 10:30 Basketball 11:30 Sportwall* 12:00 Soccer 1:00 Kickball 2:00 AFF Recess*</p>	<p>12 9:00 Kids Choice* 9:30 Kidsercise * 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Sportwall* 5:30 Parachute* 6:00 AFF Recess 7:00 Kickball 8:00 Basketball</p>	<p>13 9:00 Kids Choice* 9:30 Parachute* 10:00 Sportwall* 10:30 Kidsercise* 11:00 Kickball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Parachute* 6:30 Sportwall* 7:00 Basketball 8:00 Soccer</p>	<p>14 9:00 Kids Choice* 9:30 Kids Agility* 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Basketball 7:00 Kickball 8:00 Parachute</p>	<p>15 9:00 Kids Choice* 9:30 Sportwall* 10:00 Kids Agility* 10:30 Parachute* 11:00 Basketball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice 6:00 Relay Races* 6:30 Kids Agility* 7:00 AFF Recess 8:00 Kids Choice</p>	<p>16 9:00 Kids Choice* 9:30 Relay Races* 10:00 Parachute* 10:30 Sportwall* 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice* 5:30 Kids Agility* 6:00 Relay Races* 6:30 AFF Recess* 7:00 Kickball</p>	<p>17 10:00 Kidsercise* 10:30 Relay Races 11:00 Sportwall* 11:30 Kickball 12:30 Soccer 1:30 Basketball 7p-12a PNO</p>
<p>18 9:30 Kids Choice 10:30 Basketball 11:30 Sportwall* 12:00 Soccer 1:00 Kickball 2:00 AFF Recess*</p>	<p>19 9:00 Kids Choice* 9:30 Kidsercise * 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Sportwall* 5:30 Parachute* 6:00 AFF Recess 7:00 Kickball 8:00 Basketball</p>	<p>20 9:00 Kids Choice* 9:30 Parachute* 10:00 Sportwall* 10:30 Kidsercise* 11:00 Kickball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Parachute* 6:30 Sportwall* 7:00 Basketball 8:00 Soccer</p>	<p>21 9:00 Kids Choice* 9:30 Kids Agility* 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Basketball 7:00 Kickball 8:00 Parachute</p>	<p>22 9:00 Kids Choice* 9:30 Sportwall* 10:00 Kids Agility* 10:30 Parachute* 11:00 Basketball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice 6:00 Relay Races* 6:30 Kids Agility* 7:00 AFF Recess 8:00 Kids Choice</p>	<p>23 9:00 Kids Choice* 9:30 Relay Races* 10:00 Parachute* 10:30 Sportwall* 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice* 5:30 Kids Agility* 6:00 Relay Races* 6:30 AFF Recess* 7:00 Kickball</p>	<p>24 10:00 Kidsercise* 10:30 Relay Races 11:00 Sportwall* 11:30 Kickball 12:30 Soccer 1:30 Basketball</p>
<p>25 9:30 Kids Choice 10:30 Basketball 11:30 Sportwall* 12:00 Soccer 1:00 Kickball 2:00 AFF Recess*</p>	<p>26 9:00 Kids Choice* 9:30 Kidsercise * 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Sportwall* 5:30 Parachute* 6:00 AFF Recess 7:00 Kickball 8:00 Basketball</p>	<p>27 9:00 Kids Choice* 9:30 Parachute* 10:00 Sportwall* 10:30 Kidsercise* 11:00 Kickball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Parachute* 6:30 Sportwall* 7:00 Basketball 8:00 Soccer</p>	<p>28 9:00 Kids Choice* 9:30 Kids Agility* 10:00 Relay Races 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 AFF Recess 6:00 Basketball 7:00 Kickball 8:00 Parachute</p>	<p>29 9:00 Kids Choice* 9:30 Sportwall* 10:00 Kids Agility* 10:30 Parachute* 11:00 Basketball 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice 6:00 Relay Races* 6:30 Kids Agility* 7:00 AFF Recess 8:00 Kids Choice</p>	<p>30 9:00 Kids Choice* 9:30 Relay Races* 10:00 Parachute* 10:30 Sportwall* 11:00 Soccer 12:00 AFF Recess* 3:30 Kids Choice 4:30 Kidsercise* 5:00 Kids Choice* 5:30 Kids Agility* 6:00 Relay Races* 6:30 AFF Recess* 7:00 Kickball</p>	<p>31 10:00 Kidsercise* 10:30 Relay Races 11:00 Sportwall* 11:30 Kickball 12:30 Soccer 1:30 Basketball</p>



West End Youth Activities Description (5-8)

- **AFF Recess:** Your Instructor gets to choose what fun and exciting activity you participate in!
- **Agility:** Challenge yourself, have fun and learn what agility training is all about!
- **Basketball:** Shoot some hoops in the Sportcourt!
- **Four Corners:** Run corner to corner in the Sportcourt and try not to get tagged!!
- **Freeze Dance:** Get your groove on while you dance to the beat and then stop!
- **Fun & Fit Obstacle Course:** Run, Jump, Skip, Dribble, Play and More!
- **Kickball:** Let's get fit, while playing kickball!
- **Kids Choice:** Take turns picking your favorite game to play!
- **Kidsercise:** It is your time to get a great workout of your own!
- **Parachute Fun:** Play all types of games with our huge parachute!
- **Pool Play (PP):** If you are 4 years old or older, come swim and play and have fun!
- **Scoters:** Play a variety of different games while all on the scooters!
- **Soccer:** Whether you know how to play or not, come have fun kicking the ball around!
- **Sportwall (SW):** Play a variety of games on our Sportwall!

Example of games played during AFF Recess and Kids Choice are Sharks and Minnows, Ghosts in the Graveyard, Four Corner and Poop Deck!!!

Don't Forget Parent's Night Out will be held on July 17th from 7:00pm to 12:00am!!

All activities are subject to change.

Join us every Thursday from 9a-12p in June for Parent's Morning Out!