



Swim Lessons for Northside Fall 2010/Winter 2011

Registration Ends 3 days prior to the first day of class for each session

ADULT SWIM CLASSES MONDAY NIGHTS 7:30PM-8:00PM

SESSION 1

September 13th-October 18th

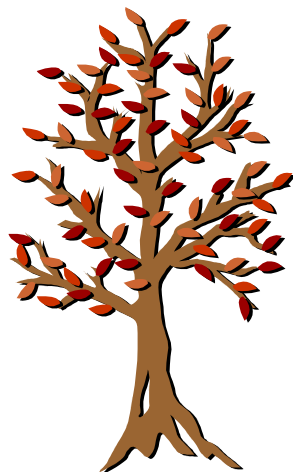
SESSION 2

November 1st-December 18th

SESSION 3

January 3rd-February 7th

**Parent/Child Classes
Tuesdays/Thursdays
September 7th-September 23rd
5:00pm-5:30pm**



Private and Semi-Private) Lessons

Available upon request.

**Semi-Private can only have no more
than three people
6(30 minute) Lessons**

**Saturday Sessions: Level 1: 9:00am-9:30am
Level 2 9:30am-10:00am
For Kids!!! Level 3 11:15-11:45am**

Session1

September 11th-October 16th

Session 2

October 30th-December 4th

Session 3

January 8th-February 12th

First Day of class will be 40minutes

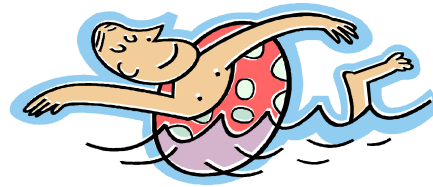
**PLEASE NOTE: CLASSES ARE ORGANIZED BY
SKILL LEVELS.**

The swimming lesson program offered at American Family Fitness is structured along the guidelines of the "LEARN TO SWIM" program through the American Red Cross. Information regarding level requirements is located at the front desk!

**All registrations are to be made at the front desk. Payment is
required at the time of registration.**

Members: \$50 per session Non-Members-\$75 Per session

Thank you for choosing American Family Fitness Center & Welcome to the American Red Cross Learn-to-Swim program offered here at North side



- *What to expect?*

On the first day of class the instructor will assess the skills & comfort level of each student to make sure that the student possess the necessary skills to continue. If in the event of a change or any other issues, the instructor will speak to the participant after class. Class times are structured and we try hard to keep on schedule in order to provide the best service for our students.

IN CASE OF THUNDER AND/OR LIGHTENING THE POOL WILL BE CLOSED

If there is a threat of a thunderstorm, please call the club 30 minutes prior to class to see if lessons are cancelled. The assigned instructor will contact you for make-up times for pool closings or at the fault of the instructor.

WE DO NOT OFFER MAKE-UP SESSIONS AT THE FAULT OF THE PARTICIPANTS

For 4 or more participants the classes will be 40 minutes long for six sessions totaling to 240 minutes of swim time. In the event that there are 3 participants and under signed up for lessons, you will be contacted for alternative options and scheduling.

